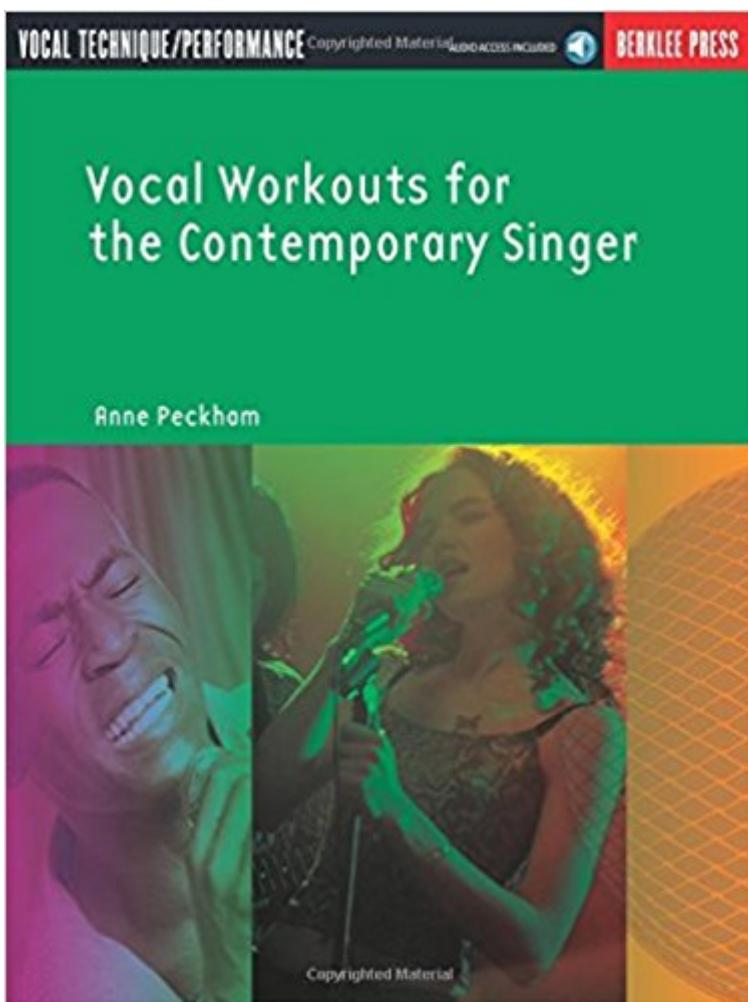


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# Vocal Workouts For The Contemporary Singer (Vocal) (Berklee Press) (Book & Online Audio)



## Synopsis

(Berklee Press). The vocal workouts in this much-anticipated follow-up to Peckham's bestselling *The Contemporary Singer* are based on Berklee College of Music's highly effective vocal method. This volume will help vocalists develop the voice through good vocal health, warm-up exercises, advanced techniques, stage performance advice and more. Also includes sing-along tracks to support your workout. Audio is accessed online for download or streaming and contains PLAYBACK+, a multi-functional audio player that allows you to slow down audio without changing pitch, set loop points, change keys, and pan left or right. 8-1/2 x 12

## Book Information

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Average Customer Review: 4.4 out of 5 stars 78 customer reviews

Best Sellers Rank: #39,931 in Books (See Top 100 in Books) #7 in Books > Humor & Entertainment > Sheet Music & Scores > Forms & Genres > Vocal #34 in Books > Arts & Photography > Music > Instruments > Voice #169 in Books > Textbooks > Humanities > Performing Arts > Music

## Customer Reviews

I've been using this book every morning for the past 6 months and it's done wonders for my range, agility, and accuracy. Working your way up through the exercises is fun and never gets old. Also, the vocal talent in the cd is quite consistent and clear, great for ear training; accompanying staff helps with sight reading too. What I love, is that each exercise targets specific issues, allowing you to focus your energy on one problem at a time... very effective. I would recommend this book to brand new singers as well seasoned vocalists. The lessons are very targeted towards common singing techniques found in pop, rock, blues and jazz; though if you are a classical or operatic singer its probably not your bag.

If anyone knows what they are doing these guys do. There is a lot of BS in the singing world. You must have seen the advertisements, written by the teacher of . Then the book contain some strange technique. That stuff is a road to nowhere. To learn to sing: Learn to play an instrument that you can play chords on (piano is best). Find out about ear training and work at it (and I don't mean some bogus "perfect pitch" course.) Get *Contemporary Singer: Elements of Vocal Technique* and study it. Find a teacher who's training is consistent with it. This book and enclosed CD is full of great exercises that is a lot of cheap training. This is from Berklee Press and Berklee College of Music has produced some on the world's best contemporary musicians. This book would not have made it out the door if it had not had good reviews from some of the best. Also get *The Contemporary Singer: Elements of Vocal Technique* and learn the theory of the voice. Learn how your instrument works and how to look after your voice. It is easy to buy a new guitar, you only have one voice. Trust Berklee, they know what they are teaching.

These warm ups are great and easy to follow along with. The only problem was that I had multiple people screaming for me to shut up. But it has definitely improve the tone of my high notes and my very low notes. I breath better when I sing and everyone says I sound so much better and have much more control. this is all after only a few months. I definitely recommend it for people who already can sing but need some improvements and cant afford a vocal teacher.

I'm 70 years old and have been using Anne's program for the last 3-4 years. I sing twice a week (I'm a single performer with a drummer, doing old standards, 50s/60s R&R, etc.) and I also sing barbershop quartet on the side. Since starting with Anne, my range, clarity, and overall voice quality has dramatically improved. I love singing along with the exercises on the CD--it never seems to get old with me; I even have it in my vehicle. It's just...fun. I use it to keep my voice in shape, and especially to warm up prior to each performance, then I know that I can hit each note with confidence, not having to worry about my voice cracking. One hour 3 times a week, sometimes less, and I'm good to go. I highly recommend this book and CD for anyone who wants to improve the quality of their voice.

The vocalises are upbeat and fun, more like little songs in various styles (including Rock and Gospel) than exercises. I was pleasantly surprised when I first listened to the CD. I have been working with it a few weeks and feel like the exercises have helped. My only complaint is that this seems to be more of a Beginner thing and not a serious workout for real singers.

This is the book for you to get started. Easy to read, easy to digest, and best of all, easy to practice and improve. As a new singer in a band, I wanted to improve my vocal pitch, tone and strength. This book has really been a major step forward for me. Follow the exercises and practice daily using the CD. There are three offering, short warm up, beginning, intermediate and advanced sessions. This is particularly helpful in that the voices muscles take a bit of time to build. By working , daily, and slowly increasing the singing time and level of practice, you WILL improve. It helps with strength, breathing, articulation, emphasis and song interpretation. And the best part is it does not overwhelm the reader/singer, with too much to digest. You can get started immediately, and after a month or so, you will have more control, power, be on the note, and simply improve. The only catch, is you have to sing every day, just like exercise. Will it teach you like a vocal coach? Perhaps a bit. Will it help you prepare for serious lessons with a coach, you bet! You'll be fitter and more able to take advantage of a coach by working through this first. I worked through the pink version (earlier) first , then this one, and they are very close, but I think I prefer the jazz and rock exercises in this version. They are, very close in a practical application sense however.

A lot of the same stuff as Seth Riggs and many things that I already do. If you're a performer and haven't done ANY vocal training, this is definitely must-have.

I am a singer and for a long time I have always been told to do warm-ups and what nots to get my voice ready. I found it a lot harder doing them just by recordings or trying to recreate the warm up on the piano myself, then my voice teacher introduced me to this book! It is filled with every kind of warm up you can think of to trigger every targeted area in your voice. There is a CD that comes along to do them in your car or wherever, its very easy to use, learn, and follow along! And if your like me, its helpful to see the visual and hear from the recording which is what you get with this book! I have noticed my voice stretch a lot farther in areas I didn't even know possible! I definitely recommend this workbook!

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